

Care Team Member Data and Skills Form

Name		
Address		
Home Phone	Work Phone	Fax
Cell Phone	Email Address	

Availability – What are the best days for you to help with our Care Team Friend?

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
Afternoon							
Evening							
Varies							

Identifying My Strengths –Where do you fit in when it comes to the following areas? Remember it's ok not to like something. Add your strengths at the bottom of the table. This is a team approach.

In Dealing with	I'm terrific	I'm good	I'm fair	Don't call on me
Automobile Maintenance				
Cooking				
Cleaning House				
Delegating tasks to others				
Finding solutions to problems				
Fixing things				
Organizing				
Friendly visitor				
Hospital visitor				
Listening				
Running errands				
Shopping (grocery)				
Social outings				
Talking on the phone				
Transportation				
Writing notes				
Yard work				